



Whitney High School Counseling Webpage

<http://whs.rocklinusd.org/Counseling/index.html>

Student Last Name	School Counselor	Email
A - D	Mac Blate	mblate@rocklinusd.org
E - K	Sada Dewey	sdewey@rocklinusd.org
L - Q	Roisin LeRoy	rleroy@rocklinusd.org
R - Z	Pat Floyd	pfloyd@rocklinusd.org

Student Last Name	Administrator	Email
	Justin Cutts, Principal	jcutts@rocklinusd.org
A - H	Jennifer Hanks, Asst. Principal	jhanks@rocklinusd.org
I - R	Jeff Dietrich, Asst. Principal	jdietrich@rocklinusd.org
S - Z	Jason Feuerbach, Asst. Principal	jfeuerbach@rocklinusd.org

Other Important Contacts		
Admin Secretary: Pam Cano		pcano@rocklinusd.org
Attendance: Michele Lininger & Dania Henkelmann	mlininger@rocklinusd.org / dhenkelmann@rocklinusd.org	
College & Career Center: Sally Randazzo		srandazzo@rocklinusd.org
Counseling Secretary: Jennifer Teames		jteames@rocklinusd.org
Principal's Secretary: Tamara Fernandes		tfernandes@rocklinusd.org
Registrar: Leslie Simpson		lsimpson@rocklinusd.org

PERSONAL AND SOCIAL RESOURCES

Placer County Network of Care: This website provides information about Placer County services and community events. Information is available on health, mental wellness, services for children, health related legislation, news stories, and a community calendar. Also check out their website: <http://placer.networkofcare.org/mh/>

Crisis Hotlines: 1-800-273-TALK; 1-877-7-CRISIS

ACADEMIC SUPPORT RESOURCES

Intervention: 25-minute period Tuesdays through Fridays following 3rd Block. This period is for students to get help from teachers, make-up tests and essential skills, work with peers on group projects, make-up PE time, and work on assignments.

Homework Club: A quiet place to study Tuesdays through Fridays after-school in in the Library until 4:30PM where students can have access to a subject specific teacher, complete their schoolwork, and have access to computers to do research, print materials, etc.

Teacher Tutoring: Teachers are available to tutor students before or after school upon request.

Schoology: An online academic progress resource that includes assignments, class notes, and more.

AERIES Portal: Report Cards are NOT mailed home. All parents and students should have an online AERIES portal account to check attendance and grades. Progress Reports, Quarter grade reports, and Semester grade reports will be posted on the AERIES portal for viewing.



Whitney High School
Home of the Wildcats

***Check out the Academic Planning Guide & Student Handbook
for important information***

<http://whs.rocklinusd.org/Counseling/index.html>

Back to School Night: Monday, August 26, 5:45 PM in the Theater

Senior Parent Night: Monday, September 16, 6:30 PM in the Theater

College Fair: Wednesday, October 2, 6:00 PM @ Whitney High School

Fall Parent Night: Monday, October 21, 6:30 PM in the Theater

Showcase Night: Monday, March 2, 6:30 PM

Spring Parent Night: Monday, March 23, 6:30 PM in the Theater



WHITNEY HIGH SCHOOL GRADUATION REQUIREMENTS

Graduation Requirement: 250 credits

Semester course = 5 credits

Year course = 10 credits

Students generally earn 40 credits each semester; 80 credits each year

STUDENTS ARE REQUIRED TO COMPLETE THE FOLLOWING COURSES WITH A GRADE OF "C" OR HIGHER

LANGUAGE ARTS:	40 credits in approved Language/Arts courses
MATHEMATICS:	30 credits including Integ Math I and Integ Math II
SCIENCE:	30 credits including Biology and Physical Science
SOCIAL SCIENCE:	35 credits including Geog/Culture (5), World History, US History, Government (5) and Economics (5)
WORLD LANGUAGE	10 credits
PHYSICAL EDUCATION:	30 credits including PE 1
VISUAL & PERFORMING ART (VAPA):	10 credits
TECHNOLOGY:	10 credits
HEALTH:	5 credits
GENERAL ELECTIVES:	50 credits



4-YEAR UNIVERSITY ELIGIBILITY REQUIREMENTS

California State University (CSU) and University of California (UC)

ALL STUDENTS ARE REQUIRED TO COMPLETE THE FOLLOWING A-G MINIMUM SUBJECT REQUIREMENTS WITH A GRADE OF "C" OR HIGHER TO BE UC/CSU ELIGIBLE

HISTORY (A):	2 years of history/social science, including: <ul style="list-style-type: none"> 1 year of World History (Global Perspectives) 1 year of US History or ½ a year of US History and ½ a year of Civics (Econ) or Government (Poli Sci)
ENGLISH (B):	4 years of college preparatory English
MATHEMATICS (C):	3 years required, 4 recommended <ul style="list-style-type: none"> includes Integ Math I, II, and III OR Algebra 1, Geometry, Algebra 2
SCIENCE (D):	2 years of laboratory science (life/physical) required, 3 years recommended in at least two of the three foundational subjects: <ul style="list-style-type: none"> UC: Biology AND Chemistry, Physics CSU: Biology AND Geology, Chemistry, Physics
WORLD LANGUAGE (E):	2 years required, 3 years recommended of same language
VISUAL & PERFORMING ART (F):	1 year required of the same course <ul style="list-style-type: none"> Examples: Dance, Drama, Art, Music, etc.
COLLEGE PREP ELECTIVE(G):	1 year required in addition to those required in "A – F" <ul style="list-style-type: none"> Examples: Level 3 World Language, Pre-Calculus, Psychology, etc.
<p>TESTING REQUIREMENTS: Either the <i>SAT</i> or <i>ACT</i> (<i>additional writing test is highly recommended</i>) SAT 2 subject tests <i>may be recommended</i> for certain majors (e.g. Math Level 2 for Engineering major)</p>	

COLLEGE ADMISSION TESTING

**PSAT offered to all 10th Grade Students on Wednesday, October 17, 2018 @ WHS*

SAT Test Date:	Registration Deadline:	ACT Test Date:	Registration Deadline:
October 5, 2019	September 6, 2019	September 14, 2019	August 16, 2019
November 2, 2019	October 3, 2019	October 26, 2019	September 20, 2019
December 7, 2019	November 8, 2019	December 14, 2020	November 8, 2020
March 14, 2020	February 14, 2020	February 8, 2020	January 10, 2020
May 2, 2020	April 3, 2020	April 4, 2020	February 28, 2020
June 6, 2020	May 8, 2020	June 13, 2020	May 8, 2020



How is my child doing in their classes?

If you have questions regarding your student's academics, we encourage you to communicate with the teachers first. The most efficient communication is via email. The list of staff emails can be found through the Staff Directory on the Whitney High School Website.

- Parents and students may also utilize Schoology to access their student's continuous progress including grades, assignments, and class notes. We encourage parents to regularly check their student's progress through the Schoology website.
- Progress Reports, Quarter Grades, and Semester Grades are all posted on the AERIES portal Parent Portal halfway through each quarter (dates listed below). Remember that Whitney High School is a Mastery Learning high school. Grades are A, B, C, NM/NC.

What if my student is doing poorly in class?

1. First, talk with your student to see if you can discover the root of the problem...
 - "Are you thoroughly completing all of your homework?"*
 - "Do you study for the class every night?"*
 - "Is there a personal problem affecting your academic success?"*
2. If your student needs additional academic help, they should be attending Intervention on a regular basis. Also, your student should talk to their teacher regarding before or after school tutoring. *Whitney High School offers Homework Club Tuesdays - Fridays After School - 4:30pm in the Library.*
3. Contact your student's teacher and discuss your concerns and ask for their professional insight regarding your student's academic progress in their class.
4. If you feel that you are in need of additional assistance after speaking with the teacher, it would be best to contact your student's counselor.

How can I best reach my student's counselor?

For information regarding the Counseling Department, including contact information and resources, go to <http://whs.rocklinusd.org/Counseling/index.html>

Email: For quick and easy questions, counselors prefer email since they can respond throughout the day.

Phone: You may call the Counseling Office directly; however, counselors may be unavailable due to meetings, presentations, and appointments. You can schedule an appointment or leave a message with our counseling secretary, Mrs. Teames.

Schedule Appointment: We prefer to meet directly with your student. The best way for your student to speak with a counselor in-person is to schedule an appointment online through the Whitney High School Counseling page or with our Counseling Secretary, Mrs. Teames. Students can come in before school, break, lunch, or after school for appointments.



Some ways that you can help your student succeed

- Establish a routine at home for completing homework and hold your student accountable by checking homework. Also, make sure that your student is prepared for any quizzes and tests. If your student does not have any specific assignments, have them review their notes, keep up with reading, work on long-term projects, or study.
- Require your student to use their daily planner to write their homework, projects and exams. You should ask your student to show you the planner daily.
- Monitor computer use. Move the computer out of the bedroom and into the family room.
- Encourage your student to become involved in extracurricular and volunteer activities.
- Attend and support your students activities. *They really want you there cheering them on.*
- Check the Whitney High School Webpage!
- Check AERIES for grade reports.
- Check Schoology for progress reports
- Reinforce family values so that your student knows what is expected when they have to make choices.
- Verify parent/adult presence and supervision at any event your student is invited to attend.
- Consider behavior modification systems at home. It is recommended that teenagers earn their privileges (e.g., cell phones, computers, socializing, TV, car, lunch release, etc.).
- Monitor how your student spends their time and make sure they get enough sleep, exercise and eat healthy, balanced meals. Maintaining balance is a key to success.